

What is Early Childhood Mental Health? Children aged 0-5 are brimming with skills in resilience and courage, as they navigate a myriad of developmental and experiential milestones. Social, emotional and mental supports provided to this age group play an essential role in enhancing those skills, to assist these children as they encounter potential traumas, emotional detachments or biological and developmental delays.

These supports can be accessed via specific mental health care that is shaped around the needs of the child and their caregivers and comprised of interactive processes to support the development of the entire family unit. Early childhood focused mental health services function as an umbrella over:

- intentional prenatal care
- diagnostic clarity regarding mental health conditions
- identification of developmental delays
- interdisciplinary and cross-collaborative treatment

These services can be offered across various settings of benefit to the child including schools, health clinics, family homes, telehealth platforms, etc. Visit www.lanecounty.org/early for more resources and information.

Lane County Early Childhood Mental Health Provider Map

Developmental Evaluations for birth to kindergarten age are provided by:

Early Childhood CARES
(541) 346-2578
(541) 346-0742 Español

Notice a need for early childhood mental health

Is this a crisis?

Yes

Crisis Support Lines Ages 0-5:
Looking Glass Youth & Family Crisis (541) 689-3111
Mental Health Crisis Response Program (888) 989-9990
South Lane Mental Health Crisis Counsel (541) 942-3939
Additional Crisis Support Lines:
PeaceHealth Emergency Department (458) 209-5555
White Bird Crisis Intervention (541) 687-4000

No

Oregon Health Plan?

No

Call the number on your health plan insurance card to find out if care management services are available to you and which early childhood providers are in-network.

Yes

Care Management provided by LaneCare Care Coordinators:
PacificSource (503) 210-2515
Trillium (541) 485-2155

Early Childhood Providers

Center for Family Development.....	(541) 342-8437
Direction Service.....	(541) 344-7303
Lane County Behavioral Health.....	(541) 682-1915
Looking Glass Counseling.....	(541) 484-4428
Options Counseling.....	(541) 687-6983
Oregon Community Programs	(541) 743-4340
PeaceHealth Child and Family Behavioral Health.....	(458) 205-7000
Relief Nursery.....	(541) 343-9706
The Child Center.....	(541) 726-1465



Relief Nursery Community Resource Guide

